



## Donations Needs List

**\$10 Gas Cards:** Lotus's main office is located in Paducah with one satellite office in Murray. Gas cards are provided to clients who must travel to receive services and have a financial need. Gas cards worth \$10 are accepted.

**Client Snacks (individually wrapped fruit snacks, peanut butter crackers, goldfish, chips, etc.):** Many children come to the center directly from school and are hungry. Upon arrival to the center, they are offered snacks and drinks to help them focus during their therapy sessions. This is also very important to individuals who may be at the center for extended times during forensic services.

**Expressive Arts Therapies Supplies:** Lotus is proud to be home to the first Expressive Arts Therapy Center in the state of Kentucky that is dedicated for use by trauma survivors. Expressive therapies (such as play therapy, art, sand tray activities, and drama) offer ways for survivors to work through the impacts of sexual abuse and violence by providing a safe, non-intrusive way to express their emotions and thoughts.

- Paints (acrylics, oils, watercolors, etc.)
- Paint brushes
- Canvases
- Drawing tablets, paint tablets, watercolor tablets, etc.
- Scrapbooking supplies (paper, stickers, etc.)
- Colored pencils, pens, markers, sharpies, crayons, etc.
- Frames (8x10, 12x12 sizes)
- Journals
- Puppets
- Quilting fabrics
- Colored threads and yarns
- Ribbon
- Sand tray figures (toy figures, seasonal figures, kids meal toys, etc.)

**Hospital Bag Clothing (Men's, women's, and children's clothing sizes small to 3XL are accepted):**

When an individual is a victim of sexual violence and visits the hospital for treatment, all of their clothing and shoes may be collected by law enforcement for evidence. Without alternate clothing, these victims would go home in a hospital gown. At each local emergency room, Lotus has provided a hospital bag which contains clothing and shoes for victims of all ages and sexes.

- Cotton T-shirts and shorts
- Cotton shorts
- Sweatshirts and sweatpants
- Underclothes (underwear, sports bras, socks)

**Court Package Materials:** Lotus's advocacy department represents families from the time a survivor initially contacts Lotus through the sentencing phase of the legal process. Not all cases end with a trial, but for those that do, the court process can be uncomfortable and lengthy. To make our clients as comfortable as possible, Lotus provides a court package to those who have a trial and court appearances.

- Markers, crayons, colored pencils
- Individual tissues
- Travel size hand sanitizer
- Mints
- Travel size hand lotion
- Small spiral notebooks
- Coloring books
- Word puzzle books/Sudoku books, etc.
- Sketch pads
- Small children's books
- Card games
- Games (for all ages)
- Stress balls
- DVDs (kids, teens, adults)
- Amazon gift cards (to purchase movies online)
- Wal-Mart gift cards (to purchase snacks requested by the child)

**Prevention Education Supplies:** Lotus aims to significantly reduce child abuse and sexual violence by promoting empowerment and resiliency through our Prevention Education Programming for youth, families, programs, and communities.

- Unsharpened pencils
- Copy paper
- Construction paper
- Cardstock
- Crayons
- Incentives (Individually wrapped candy/chocolates, coupons, gift cards, etc.)
- Fidgets
- Small containers of play dough
- Sticky notes

**General Facility Supplies:** We work to keep our facility looking welcoming and clean for our survivors attending therapy sessions or forensic interviews. These are just a few of the items we need to keep our facility going.

- Glass cleaner
- Dishwasher detergent and liquid dish soap
- Paper products (paper towels, toilet paper, tissues)
- Garbage bags
- Disinfectant spray and wipes
- Multi-purpose cleaner
- Clear Hand soap
- Swiffer wet and dry refills

*hope. heal. grow.*